



Curriculum Vitae

Matthew Nakonesky - Principal Speech & Language Therapist

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Personal Profile

I am a flexible, hardworking and enthusiastic individual who takes pride in delivering both high quality and patient centred intervention. With a broad range of clinical experiences, I am an experienced and confident clinician who works well within a team environment, quickly building rapport with both patients and colleagues. I have a particular interest and enjoyment working with adult clients with neurological conditions resulting in complex communication and swallowing difficulties.

Employment History

- **October 2019 - Present** **Speech Therapy North East Ltd**
Principal Speech & Language Therapist & Director
 - Having provided ad hoc independent Speech & Language Therapy intervention since 2003, this position now offers full time provision of independent Speech & Language Therapy. Alongside provision of intervention the role is responsible for service development and quality improvement initiatives, workforce development and responsibility for all financial affairs of the company.

- **November 2011 – October, 2019** **County Durham and Darlington NHS Foundation Trust**
United Kingdom
Highly Specialist Speech & Language Therapist (Band 7)
 - Caseload includes assessment, management and rehabilitation of adults with a broad range of neurological conditions resulting in complex communication and swallowing difficulties. Predominantly community based but often provide cover on acute stroke/medical wards and stroke rehabilitation ward.

- **April 2009 – November, 2011**

**Northumberland Tyne & Wear NHS Foundation Trust
United Kingdom – Walkergate Park Rehabilitation Centre**
Therapy Team Lead (Band 8a) and Highly Specialist Speech & Language Therapist (Band 7)

 - A split post with the same clinical responsibilities as previously held when a full-time Band 7 clinician. Therapy Team lead responsibilities included being operational lead for all allied health professional inpatient teams including control of large budgets, workforce management, service development and daily operational tasks

- **December 2006 – April 2009**

**Northumberland Tyne & Wear NHS Foundation Trust
United Kingdom, Walkergate Park Rehabilitation Centre**
Highly Specialist Speech & Language Therapist (Band 7)

 - Caseload included working with patients with complex neurological conditions particularly traumatic brain injuries including patients in vegetative or minimally conscious state or with neuro-behavioural difficulties. Management of communication difficulties included experience of a broad range of alternative and augmentative communication (AAC). Management of complex swallowing difficulties often incorporated the use of Facial Oral Tract Therapy (FOTT).

- **March, 2006 – October 2006**

**Northern Health – Broadmeadows Health Service
Melbourne, Australia**
Senior Speech Pathologist (equivalent of Band 7)

 - A community based caseload working with adults with a range of neurological conditions including stroke and progressive conditions resulting in communication and swallowing difficulties. This role was a site lead representing the larger Speech Pathology team with direct responsibility for two junior members of staff.

- **January, 2006 – March 2006**

**Eastern Health – Peter James Centre
Melbourne, Australia**
Grade 2 Speech Pathologist (equivalent of Band 6-7)

 - Caseload included providing communication and swallowing assessment and rehabilitation to adults following illness or surgery, or who had disabilities or a chronic illness. Provided cover on the acute inpatient aged psychiatry unit and a residential old age mental health facility.

- **August, 2002 - December 2005** **Northgate & Prudhoe NHS Trust – Hunters Moor, Neurological Rehabilitation Centre United Kingdom**
Band 2 Speech and Language Therapist (equivalent to current day Band 7 level)

 - A specialist position incorporating clinical services for patients with a traumatic brain injury resulting in complex communication and swallowing difficulties together with managerial support to the Senior Speech and Language Therapist. The position allowed for mentoring and supervising junior members of staff.

- **October 2001 - August 2002** **Sunderland Royal Hospital and Newcastle City Hospitals (RVI, Freeman, Newcastle General Hospital) North East England, United Kingdom**
Locum Speech and Language Therapist

 - As a locum therapist I covered a wide range of clinical areas including acute stroke patients, stroke rehabilitation (inpatient and outpatients). The role of a locum therapist allowed me to demonstrate my ability to be a flexible worker, manage my time efficiently and work independently.

- **June 2000 - June 2001** **Austin Health, Melbourne, Australia**
Grade 1 Speech Pathologist

 - Caseload included acute management of patients with communication and swallowing difficulties under a number of clinical areas including general medicine, stroke, neurology, oncology, respiratory and orthopaedic. Rotation in to outpatient voice therapy service and outpatient dysphagia service. Communication and dysphagia rehabilitation provided to neurological and general rehabilitation together with interim care patients.

Qualifications

- **1999** Bachelor of Applied Science – Speech Pathology
La Trobe University, Melbourne, Australia

- **1995** Victorian Certificate of Education, Melbourne, Australia

Memberships

- Registered with the Health and Care Professionals Council (and same organisation by a different name) 2000-present
- Royal College of Speech and Language Therapists member 2004-present
- Association of Speech and Language Therapists in Independent Practice (ASLTIP) 2014-present
- UKABIF – 2020
- Head Injury Special Interest Group member 2004-2011